



137th Ottawa
Bring on the Adventure



Canoe Camp Kit List

Your stuff needs to be in a back pack, and in a water proof liner or heavy duty garbage bag!

- Back pack/Canoe pack (approximately 50 l to 65 l) – no sport bags
- Sleeping bag (summer weight)
- Sleeping pad Rain coat and rain pants – Important, if it rains we will still be out having fun!
- Toilet Kit (toothbrush, paste, soap, wash cloth, brush or comb)
- Mess Kit (fork, knife, spoon, cup, plate, kit bag)
- Flashlight and spare batteries
- Life jacket (if you have one if not let us know)
- Polypro fuzzy jacket (nights might be cool)
- Toilet Kit (toothbrush, paste, soap, wash cloth, brush or comb)
- 1 pair of hiking boots or stiff shoes (for portaging)
- Water shoes or sandals or runners(for around camp or walking in water with canoe)
- 2 pairs of shorts (quick dry/polypro – not cotton)
- 2 t-shirts (quick dry/polypro – preferably not cotton)
- 1-2 pairs of long pants (quick dry/polypro eg canoe pants/wind pants – definitely not cotton)
- 1-2 long sleeve shirts (quick dry/polypro preferred but cotton ok)
- 2-3 pairs of underwear 2 pairs of socks
- Camera (if you want but there is a risk that it could get broken)
- Book to read (small paperback)
- Bug repellent
- Sun screen Sun glasses
- Water bottle
- Whistle
- Compass
- Knife
- Hat Necker
- Bathing suit
- Towel (small)
- Fishing rod (if desired)

Any medicine you might need (a Scouter must have possession of them)

No game boys or other electronic gadgets (except for the drive up and back)

All personal gear must fit in one back pack + you may be asked to carry some general camp gear and/or food. You should go over your gear before packing and throw out the things you can do without. Keep weight to a minimum. Your back will thank you.

Coming out clothes (you might want to bring a set of clean clothes to leave in car to change in to after trip)